Hola! **MULTICULTURAL WEEK** is coming up in November, an event to celebrate all the rich variety of cultures in our school. Here’s an outline on what’s going to happen during the week:

<table>
<thead>
<tr>
<th>Monday 16 Nov</th>
<th>Tuesday 17 Nov</th>
<th>Wednesday 18 Nov</th>
<th>Thursday 19 Nov</th>
<th>Friday 20 Nov</th>
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<tbody>
<tr>
<td>Dance workshop for Years Prep - 2</td>
<td>Latin Music workshop for grades Year 3-6</td>
<td>Dress up and Multi-age activities 11.15am to 12.55pm</td>
<td>Soccer match Years 3-6 Lunch time</td>
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On Wednesday, 18 November there will be a multicultural **dress up and multi-age activities**. You can dress up from any culture you like: you could come as a cowboy, come in a Scottish kilt, come in a Mexican hat with a big moustache or wrapped in a flag. Note: it’s not just Spanish cultures. It’s worldwide!

On Friday, 20 November will be a soccer day. Put your soccer jersey on and join the **Barça VS Madrid** soccer match (go Barcelona). The match will be for Years 3 to 6 during lunch time (organised by School Captains). Even if you don’t feel like playing, don’t forget to wear your soccer jersey! We would like to see as many colours as possible!

$2 per student has been allocated from the Activities Payment to cover the cost of the special workshops from Prep - 6.
### Diary Dates 2015

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>Fri 6 Nov</td>
<td>Orienteering Year 3 - 6</td>
</tr>
<tr>
<td></td>
<td>Prep 2016 Orientation / Year 2 Orientation to Clarke St</td>
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<tr>
<td>Fri 13 Nov</td>
<td>Triathlon Year 3 - 6</td>
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<tr>
<td></td>
<td>Prep 2016 Orientation / Year 2 Orientation to Clarke St</td>
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<tr>
<td>Sun 15 Nov</td>
<td>Parents and Friend Movie Night - Palace Westgarth</td>
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<tr>
<td>Mon 16 - 20 Nov</td>
<td>Multicultural Week</td>
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<tr>
<td>Tues 24 Nov</td>
<td>Super Science Club Family Night - Gr 3-6</td>
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<tr>
<td></td>
<td>Science and Technology 7pm - 8.30pm</td>
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<tr>
<td>Tues 1 Dec</td>
<td>Prep - Year 2 Evening Musical Performance</td>
</tr>
<tr>
<td>Thurs 3 Dec</td>
<td>Years Prep and 1 &amp; New Prep 2016 Information Night 7.30pm - 8.30pm</td>
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<td></td>
<td>Guest Speaker Presenting - Information on Student Resilience</td>
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<tr>
<td>Fri 4 Dec</td>
<td>Prep 2016 Orientation / Year 2 Orientation to Clarke St</td>
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<tr>
<td>Tues 8 Dec</td>
<td>Year 6-7 Orientation Day - State Schools only</td>
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<td></td>
<td>Prep to Year 5 Transition Session</td>
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<tr>
<td>Thurs 10 Dec</td>
<td>Year 6 Graduation</td>
</tr>
<tr>
<td>Thurs 17 Dec</td>
<td>Last day of term. Students dismissed at 2.30pm</td>
</tr>
<tr>
<td>Fri 18 Dec</td>
<td>Curriculum Day - Student Free Day</td>
</tr>
</tbody>
</table>

### Meetings

- School Council: Wed 4 November 7.00pm in Staff room
- Education: Tues 24 November 7.00pm Staff Room

### Remembrance Day - Wednesday 11 November

School Captains and Vice Captains will be visiting each class starting tomorrow to sell poppy’s and wristbands. Prices range from $2 to $5.

### Term Dates 2015

- Term 4: 05/10/15 - 17/12/15
- Curriculum Day: 18/12/15

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**Alert!**

Face spotted on tree in Clarke St playground. See if you can find it!
Sport News

Tabloid Sports Day 2015
We were extremely lucky that for our Tabloid Sports Day on Monday 19th the sun was shining and a great session was had by all as we jumped like kangaroos, balanced eggs and putted golf balls like pros.
The following Grade 6 students Jemima, Camillie, Katie, Kiri, Labanya, Ben S, George, Josh, Lachlan, Marcus, Will L, Liam, Zac J, Ella S, Jana, Charlie T, Charlie S, Grace Y, Ella P, India, Rose, Will M, Yenka, Max, Liam, Oliver and Christian showed amazing leadership, maturity and diplomacy when managing their activity. The students from Prep, Grade 1 and Grade 2 also took on these activities with great sportsmanship and a fabulous 'I can do this!' attitude. Congratulations and thank you to everyone involved with the day for making it such a fun event!
Aimee, Hannah & Rushe.

Sport Diary Dates Term 4

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, 6 November</td>
<td>Year 3-6 Orienteering championships (Interested students only)</td>
<td>Hawkstowe Park, South Morang</td>
</tr>
<tr>
<td>Friday, 13 November</td>
<td>Year 3-6 triathlon (Interested students only)</td>
<td>Northcote Aquatic Centre</td>
</tr>
<tr>
<td>Thursday, 19 November</td>
<td>Year 3-5 Swimming trials for 2016 team (Interested students who can swim 50 metres without stopping.)</td>
<td>Northcote Aquatic Centre</td>
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Interschool Sports: Year 5 - 6 students

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday, 6 November 9:30 until 11:00am</td>
<td>Westgarth V Preston South (AWAY) No softball or bat tennis. Cricket at Oulton Reserve</td>
</tr>
</tbody>
</table>
Pref Tara’s class at Botanic Gardens
The students potted plants then got to take their own plant home to look after them. We spoke about what their plant will need e.g. sun and water. Our inquiry unit is ‘How does a healthy garden grow?’

Pref Ruth’s class at Botanic Gardens
‘I saw a scar on the lightning tree. I heard the trees rustling in the breeze. I love the lightning tree’ Ben M

‘I saw lots of flowers. I heard the pitter patter of the sprinklers. I like the Botanic Gardens.’ Kaitlin B

‘I saw plants and flowers and I saw a bee. I heard trees and I heard birds cheeping. I thought the Botanic Gardens would be boring…but it wasn’t!’ Leo J

Pref Rosie’s class at Botanic Gardens
Here is a beautiful photo of Pref Rosie’s class being children rolling along the grass at the Botanical Gardens. It was such a lovely sight to see. I can’t imagine a person who wouldn’t want to see this!

Pref Kenji’s class at Botanic Gardens
Listening attentively and showing their planting skills.
Whopping Great Fete
Thank You

Ice Creams
After the debacle of the Ice cream stall in 2014 we were able to rally and rise like a Phoenix from the ashes! Thank you to everyone who came and enjoyed a delicious FROZEN Choc top at the fete enabling us to sell out with just 20 minutes spare and no risk of food poisoning.

We would love to thank everyone who helped out: Steve, Annette, Lisa, Martin, Virginia, Curl, Damo, Bruce, Annette, the Grade 6 squad of Will, Liam, Ben, Max and Zac and the infamous Carlos/Tom. Thanks for your enthusiasm, time and energy! Wendy and Jacquie

ANOTHER WHOPPING GREAT TOY STALL
Year after year, the toy minions think we have done the best that we can possibly do, and year after year our fabulous donors gift us with more toys than we can poke a light saber at (or about 9 light sabers from Lori’s house, this year, so that came in handy for poking!) and then hundreds of fete-goers buy it all back again with glee.

GLEE, I tell you. Well, that’s the kids, admittedly. And the grandparents. The parents, glee is overstating it, but nevertheless, they buy. So, another record-breaking toy stall profit goes into the history books, and thanks must be given. Thank you to all our generous benefactors, who selflessly donate their potential eBay fortunes so that we may sell them for a trillionth of their true value. Thank you to the people who happily come and snap up the bargains. And a huge thank you to the many parents and kids who help us sort, price, bag, clean and eat lemon slice (oh, yeah, we know how to have fun in the toys portable!) Apologies for anyone I leave out (and I will, but that is because my brain is mush after trying to reconnect 17 different parts of a toy over a 10 hour period) but special thanks to the tireless Tess, Ella, Katrina, Zoe, Camille, Karla, Amelia, Will, Alice, Luke, Elian, Noah, Jacob, Ruby, Jade, Kate, Daniel, Annette, Lori, Gerry, Tamsen, Deena, Gwen, Mike and Bec. And special, special, special thanks to the other long-time toy team stalwarts, Marg, Julie and Patricia... It literally couldn’t (and wouldn’t, under any circumstances) happen without you. Go TOYS. Head minion signing off (hopefully for the last time - applicants eagerly sought, no experience necessary, full training provided over the next two years, go on, you know you secretly crave the glamour and applause...) Bec

News from OSHC - Before Care
Drawing continues to be a strong interest at Before Care. Children have enjoyed creating their own pictures and having them up on display in the Farmhouse.

Last week we set up a breakfast table outside so children who like to spend most of their time outdoors had the opportunity to enjoy their first meal of the day under the morning spring sun, and the surprise was ‘pancakes with fresh strawberries’. Yum, the children really enjoyed it. The most important thing was that they felt free to come and help with the preparation. It was a great opportunity for the staff to spend more time with the children and a wonderful way for the children to feel responsible and support each other.

Outdoor games are still really popular with soccer, football and cricket - great physical activities for children to develop healthy and active lifestyles.

We hope you have a great week.
Before Care Team.
Whopping Great Fete
Thank You

Snow Cones
A HUGE thank you to everyone who helped make the stall such a success this year. A special thank you to Liz, Ralph, Jan, Chris, Geoff, Jacinta, Nicole, Travis, Shazeena, Amanda, Louise, and all the wonderful Prep Tara parents who helped out in the snow cones stall. A special mention to the wonderful WPS student, past (Jack, Rubin) and present for all of their help and support which was greatly appreciated. Many thanks, Tina.

BBQ - "Brooke St Bangers"
Thank you so much to all of those who helped make the BBQ such a fun place to be and contributed so much time in making it the success on the day it was, especially to Inger, Paul & Jan for their help in all of the onion/lettuce/tomato cutting in the lead up, and to The Gourmet Meat Rack (Northcote Plaza) and Bakers Delight in Fairfield for their contributions. Congrats to Janine, Sarah, Meighan & the team on another sterling effort! Cheers - John (Laird - 4D/C)

Terrific Trash and Treasure Stall - thankyou
A big thanks to all who helped set up, clean up and sell, sell, sell at the trash and treasure stall. Special thanks to Maria Heenan who helped on Saturday afternoon with set up, Sunday morning with the overly keen buyers at 9am and Sunday afternoon. I could not have done it without your help! A big thanks to Nigel Wright for looking after the kids on Friday and Saturday so I could wait for donations and set up. BIG thanks to Mark Daniels who helped to set up on Saturday. BIG BIG thanks to all the sellers - Maria Heenan, Caroline Clow, Nicole Guest, David Roche, Simon Ellis, Sendi Tsitas, Myf Browning, Catherine Fisers, Gabby Wynne and Grant Hargreaves. And an extra BIG BIG thanks to all those who helped pack up and move the last of the trash to the canteen when everyone else was already drinking! - Maria Heenan, Kathy Brunning, Simon Murray, Nigel Wright, Troy Baldwinson, Travis Winship, Tamsen Osbourne and Ralph who was already drinking but who still managed to move a few loads! And a HUGE thanks to everyone who donated loads of trash (I mean treasures!) to the stall. Remember to store you treasures for next years stall!

Cold drinks
What a great day! We were positioned close to the action, enjoyed some great sounds from the stage and came so close to selling out of all the stock. Huge thanks to all those generous parents and families that donated stuff for us to sell. I’m told this was the first year we didn’t need to supplement the stock with last minute dashes to the shops. Which equals more profits for the school! Thanks too to all the purveyors of pop, the dealers of drink and sellers of squash: Sally, Marisa, Marina, Kim, Dave, Andrew, Erika, Alica, Bill, Kate, Mark, Alistair and Veronica. I salute you! Thanks, too, to the delightful Dulcie for helping me set up on Saturday. And apologies to the parents of that little kid who possibly indulged in way too much liquid sugar for one day. We should have cut him off earlier. I can only hope you managed to get him down from the ceiling at some point that evening. Cheers, Ian.

LOST: Gold watch with black leather wrist band, engraved on the back “To Claire, with Thanks from Nordern Australia”. It was given to William C (T2) following his grandmother’s death early this year. Julie (0423 774 922).
IMPORTANT INFORMATION REGARDING ANAPYLYAXIS

Potential allergic reactions to nuts, nut products, seeds & other food products

As you may be aware for some children even a minor exposure to nuts or foods containing nut products or seeds can set off a severe allergy which may cause loss of breathing.

The parents of children who may have a severe reaction would like you to help us make the school environment as safe as possible by exercising caution when packing school snacks and lunches. Whilst students with severe allergies can learn to manage and control what they eat there is no real way of protecting themselves from nut traces that may be present in the environment such as on clothing, furniture, drink taps and of course on other people’s hands.

- Please avoid preparing school lunches with products that contain nuts, nut spreads, sesame products or chocolate that may contain nuts (e.g. Peanut Butter, Nutella and Tahini)
- If sending party food to school please avoid using recipes that require nut products (e.g. almond meal)
- As part of our Policy we do not encourage students to share food. All students will be encouraged to wash hands before and after eating.
- Please avoid packing any whole nuts as part of lunches for children under eight as they may get caught in small children’s airways presenting as a choking hazard

Asthma Management

An asthma action plan allows you and your doctor to create an individual plan for you to manage your asthma. An action plan advises you about what you must do to stay healthy and what to do when your asthma is unstable and you need help.

There is no ‘standard’ asthma action plan, as everyone’s asthma is different. Your plan needs to be written to deal with your individual triggers, signs and symptoms, and medications.

Your action plan might be based on symptoms, peak flow readings or both.

An asthma action plan outlines:

- How to care for your day-to-day asthma (it lists your regular medications and how many times each day you should take them)
- Key things that tell you when your asthma is getting worse or an ‘attack’ is developing, and the steps you should take to manage it
- Symptoms that are serious enough to need urgent medical help (with emergency information on what to do if you have an asthma ‘attack’).

Have your action plan reviewed every six months or after a severe asthma attack.

It is just as important for parents to obtain a clear, succinct, written summary of their child’s asthma management (an Asthma Action Plan). This will provide a source of reference to reinforce the advice given by the doctor.

This Asthma Action Plan is also an important tool for anyone caring for your child. It provides up-to-date, detailed information (including your child’s emergency first aid plan) to help manage your child’s asthma. A copy of the asthma action plan is to be sent to your child’s school, kindergarten, childcare centre or to anyone caring for your child.

When the child is old enough to understand, make sure that you explain asthma to them and encourage them to be aware of their symptoms and how to treat them.

Asthma First Aid

An asthma attack can take anything from a few minutes to a few days to develop. It can be a very frightening experience and people having an asthma attack may need help straight away.

This resource satisfies the guidelines and standards approved by the National Asthma Council and Asthma Australia. The materials contained in this publication are distributed for information purposes only. Suitable medical and professional advice should be obtained before acting on any information contained herein.
Parent and Friends
Spectre - Movie Night - Palace Westgarth

Parents and Friends invite you to spend the night with 007 at our local cinema, Sunday, 15 November 2015.
Gather in the upstairs foyer from 5:30pm, movie starts 6:30pm
Tickets $25 - includes ticket, choc top and a glass of wine or Sparkling.
Get Moneypenny to babysit and come and enjoy a night out with fellow parents and friends.
RSVP to westgarthpandf@gmail.com with Name and number of tickets by Wednesday, 11 November
PAY cash at the upstairs foyer on the night.

Family Science and Technology night call for interested parents!

WPS Super Science Club Family science and technology night
Tuesday 24th November 7 pm - 8.30 pm - Call for interested Parents.
Do you have anything to do with technology you could bring in and have fun with the kids with? So far we have a 3D printer, robots and a few other possibilities
It is going to be for Grades 3-6 due to the nature of the activities, but also to manage numbers, siblings are welcome of course, and if you are hosting an activity you are also able to bring your kids too.
Please contact Kerry mahoneykerry1@gmail.com or Gede on gede.suparsa@gmail.com

Community Advertisements

Alphington Garden Fundraiser Saturday November 7th 9.00am - 2.00pm
Alphington Community Centre

PLANT SALE, SAUSAGE SIZZLE, ADULT COLOURING BOOK, FREE CHILDREN’S ACTIVITY TABLE
Nathan is wheelchair bound as a result of an accident 9 years ago. He is endeavouring to save enough money to buy a special wheelchair that can assist him to stand up. Please join us in helping Nathan to reach his goal. All proceeds from this event will go towards the wheelchair fund. Hundreds of Indigenous tube stock - also succulents and other plants. Limited Edition Colouring Book for adults. Thank you for the generous support we have received from the City of Darebin, The Lion’s Club (Northcote), Villa Maria (Alphington), Alphington Community Centre, Officeworks Preston and our wonderful community.

House for rent: we are moving out of our 3br 1 bathroom house on 20 December and will be breaking our lease. It's a great house, in Northcote with a large garden, large shed and driveway - walking distance to school. Would suit family of four.
Please contact Kirsty on 0400 895 455 if interested. Lease is through agent directly.

The Westgarth Primary School Council does not endorse any of its sponsors or advertisers, but we do acknowledge their support.